

Dear Doctor:.....

Mr / Mrs / Miss:..... Date:.....

The above individual, who I understand to be one of your patients, has recently attended La-Fitness for a Personal Training Session. During the initial consultation and assessment, he/she has presented with the following signs and symptoms:

[Empty box for describing signs and symptoms]

I would be very grateful for information regarding any concerns you may have regarding your patient.

This information will be treated in the strictest confidence.

I know of no reason why the above patient cannot receive any treatment.

I believe the above patient may be treated but urge caution because:.....

.....

I recommend that the above patient should Not be treated.

GP Signature:.....

Thank you for your co-operation in this matter.

Yours sincerely